



Weekly Study Schedule

As you begin preparing to start your degree program you may find it helpful to prioritize your study sessions. Your time is similar to money. Unless you budget how it is being spent you do not know where it is going. Prioritizing life's demands is an excellent way to remain focused, reduce anxiety, and accomplish your goals. Please put an "x" in the time slots you are unable to study. Feel free to call Student Services at 1.866.932.4692 ext. 2807 to receive additional tools that can enhance your academic success.

Time	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
7am							
8am							
9am							
10am							
11am							
Noon							
1pm							
2pm							
3pm							
4pm							
5pm							
6pm							
7pm							
8pm							
9pm							
10pm							
11pm							
12am							
1am							
2am							
3am							
4am							
5am							
6am							